CONTRAST EXTRAVASATION DISCHARGE INSTRUCTIONS

Patient Name: ________________________________________   Phone number: ____________________
MRN #: _________________________________

1. Elevate the affected extremity.
2. Apply ice packs to the affected area for 20-30 minutes, on-and-off as tolerated, to reduce pain and swelling during the first 6-8 hours.
3. After 8 hours, or the next day, you may apply a warm compress to the affected area for 20 minutes, three (3) times a day, until the affected site returns to normal. This usually takes 1-3 days. This will increase blood flow and promote healing.
4. Take Tylenol or Ibuprofen for any discomfort.
5. Report the following to Inland Imaging immediately:
   - Numbness or tingling in the affected site/extremity
   - Blistering or break in skin
   - Increased swelling/pain
   - Red streaks and extreme change in color
6. If markings were made on your skin, the markings will help us determine later if there has been an increase or decrease in the measurements or if they have stayed the same.
7. If symptoms worsen, you may be asked to return to Inland Imaging for evaluation. If you cannot return to Inland Imaging, you should see your physician.
8. If you have any questions or experience any problems, call Inland Imaging at __________________________, M- F, 8 am - 5 pm. Call (509) 363.7542 after hours and weekends.
9. Other: ____________________________________________________________________
    ____________________________________________________________________
    ____________________________________________________________________

These instructions have been fully explained to me and I have received answers to my questions.

Signature of Patient _________________________________________  Date: ____________________
Signature of Witness ________________________________________  Date: ____________________

Revised 09/18