

**SCHEDULE YOUR BODY
COMPOSITION SCAN TODAY:**

(509) 455.4455

BODY COMP LOCATIONS

Inland Imaging South Cowley Center

525 South Cowley Street
Spokane, WA 99202

Inland Imaging Providence Medical Park

16528 East Desmet Court, Suite A1300
Spokane Valley, WA 99216

Inland Imaging Holy Family Center

Holy Family Hospital
5715 North Lidgerwood
Spokane, WA 99208




Inland Imaging[®]

Answers you can trust and care you can count on.

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**BODY COMP EXAM
WE'LL SHOW YOU
WHAT YOU'RE
REALLY MADE OF.**

Body composition analysis goes beyond the numbers on a scale to show you a true picture of your personal fitness and health.


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FITNESS IS MORE THAN SKIN DEEP.

A body composition exam accurately measures the amount of fat, lean muscle and bone in your body—so you know whether or not you're making real progress toward your personal fitness and weight goals.

A body composition test allows you to:

- Measure total body fat and lean muscle
- Set and track goals for fitness and weight
- Monitor the effectiveness of your workouts and fitness regimen
- Evaluate bone density (to assess risk for osteoporosis)

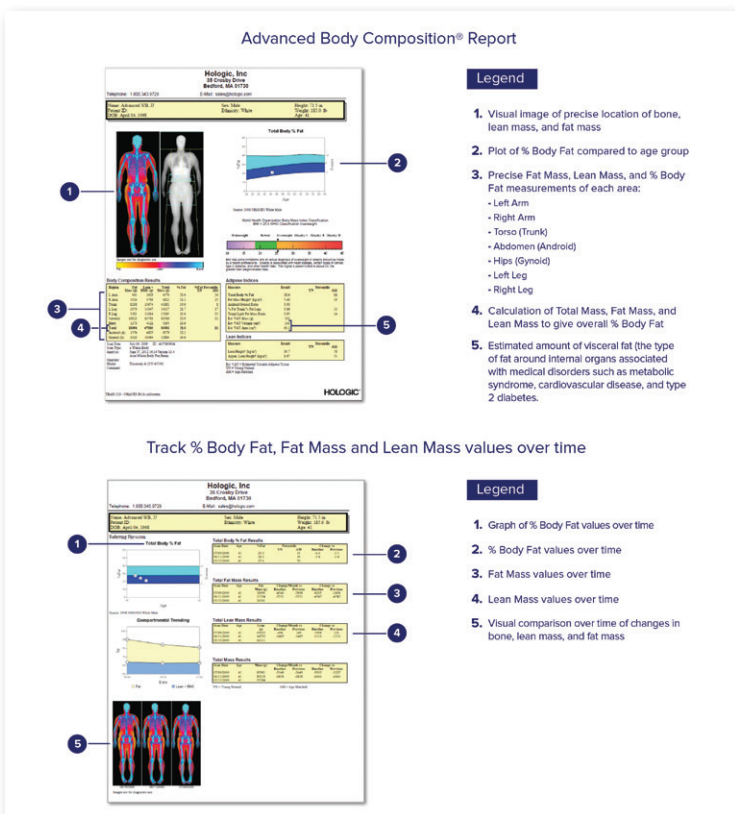
See the whole picture.

The body composition exam looks beyond the scale to provide the most precise and accurate measurement of fat, lean muscle and bone throughout your body.

This complete, individualized information makes it possible to tailor your nutrition and exercise program to the specific needs of your body, which means you'll see better, faster, longer-lasting results.

Fast, easy and painless.

During the exam, you will lie on your back fully clothed on a table. A DXA scanner will move over your body to take the X-ray. Body composition exams are fast, easy and painless. A typical exam takes less than 10 minutes. For more information, visit inlandimaging.com/body-composition.



Make an appointment today.*

It's easy. Just call Inland Imaging at **509.455.4455** or **800.826.2944**. We recommend making an appointment for an initial exam and a minimum of two follow-up exams to monitor your progress toward your fitness and weight goals.

Initial exam: \$95

Follow up exams: \$75

Three-exam package: \$225

**Patients age 19 and under need a physician's order.*